

# Got It!



## Social Skills

Social skills are essential for kids to learn so they are able to adapt to different situations, develop positive relationships and manage conflict.



- Help them interpret the behaviour of others by linking thoughts and feelings:  
“I’ll bet he was feeling/thinking \_\_\_\_\_ when he did that”
- Teach conflict resolution skills:  
“What might be a way to get them to want to share with you?”
- Model positive social skills yourself for your child:  
“Sorry! I am not sure my tone of voice was very nice just now. Let me try again.”
- Provide your child with opportunities to socialise outside of school.